



Did you know as a carer you have rights that are protected by law

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You have a right to request a Carer's Assessment from the local authority where you appear to have a need for support.

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You have a right to make a request for flexible working if you meet certain eligibility criteria.

3

You have the right take reasonable time off work to take care of dependants in an emergency. According to law your dependants include your parents, partner, and children.

4

As a Carer the Equality Act 2010 protects you against direct discrimination or harassment because of your caring responsibilities.

For more information about your rights or you would like support in exercising them you can contact Carers Northumberland on 01670 320025 or email info@carersnorthumberland.org.uk