

February Half Term Holiday Programme 2019

South East Northumberland Holiday Leisure Programme



In partnership with


Northumberland
County Council

ACTIVE
NORTHUMBERLAND

www.activenorthumberland.org.uk

Get **ACTIVE**
South East
The South East Northumberland
Sport Development Team

01670 620200  Active Northumberland  @ActiveNland

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How to view the holiday programme

View page by page at:

activenorthumberland.org.uk



Email us:

We will add you to our distribution list to receive the programme early.

GetActiveSE@activenorthumberland.org.uk

'Like' us on Facebook:



Ashington Leisure Centre
Blyth Sports Centre
Concordia Leisure Centre
Newbiggin Sports & Community Centre
Get Active South East
Active Northumberland

Follow us on Twitter:

We will tweet you when the programme is out.

twitter 
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How to book

How to book **'Must Book'**

For any of our 'Must Book' Sessions, call 01670 620200 and speak to our contact centre staff to book onto your desired activity. Make sure you book as soon as possible to avoid disappointment, then come along to the session on the day and have some fun!

Remember to complete your registration form and bring it along to your session.

'Turn Up' sessions

These activities work on a turn up and play basis.

Complete the registration form, simply turn up and have fun! (See page 12 for the registration form)

Email us at

*GetActiveSE@activenorthumberland.org.uk
to be one of the first to receive future
holiday programmes.*

Who's who

What's what?



Active Northumberland

A charitable trust working in partnership with Northumberland County Council.

Leisure and Sport Centres

All centres offer a wide range of facilities including swimming pools, spa facilities and state of the art fitness gyms. Cafe facilities at Blyth Sports Centre and Concordia Leisure Centre. Look out for exclusive deals on swimming passes and other water based activities.



Get Active South East Leisure Inclusion Team

The Leisure Inclusion team deliver inclusive sport and play activities across South East Northumberland. Activities are delivered in a variety of locations including Multi Use Games areas, Beaches, Parks, Schools and Community Centres.



Ability 2 Play Disability Programme

All sessions cater for children and young adults who have physical disabilities or learning difficulties. As well as our holiday programme we run a series of community sessions all through term time.



Move It Community Dance

MOVE IT Community Dance deliver a range of dance and fitness activities throughout South East of Northumberland. Our classes focus on promoting a healthy and active lifestyle. Move It dance camps are fantastic value and a great experience for your children.



Pegasus Riding Centre

Home to the Riding for the Disabled Association. Those who come to ride develop skills they never knew they possessed. The Pegasus centre is also a great location for outdoor activities throughout the school holidays.

All sport and leisure activities are delivered by qualified staff, all first aid trained and DBS cleared.

Blyth



BLYTH TOWN COUNCIL

Supported by

Date / Time	Activity	Age	Cost	Booking	Venue
Monday 18th February					
3.30pm - 4.30pm	Teen Gym	14-16yrs	£1.50	Turn up	Blyth Sport Centre
4.00pm - 4.45pm	Diddy Divas	2-8yrs	£3.50	Turn up	Blyth Sport Centre
Tuesday 19th February					
3.30pm - 4.30pm	Teen Gym	14-16yrs	£1.50	Turn up	Blyth Sport Centre
Wednesday 20th February					
11.45am - 12.30am	Diddy Divas	2-8yrs	£3.50	Turn up	Blyth Sport Centre
3.30pm - 4.30pm	Teen Gym	14-16yrs	£1.50	Turn up	Blyth Sport Centre
Thursday 21st February					
3.30pm - 4.30pm	Teen Gym	14-16yrs	£1.50	Turn up	Blyth Sport Centre
Friday 22nd February					
3.30pm - 4.30pm	Teen Gym	14-16yrs	£1.50	Turn up	Blyth Sport Centre

To book on an activity please call our contact centre on 01670 620200

Seaton Valley

Supported by
Seaton Valley Council
A Community Council

Date / Time	Activity	Age	Cost	Booking	Venue
Monday 18th February					
10.00am - 1.00pm	Cricket Camp	6yrs+	Free	Turn up	Bates Cottage, Cricket Club
Tuesday 19th February					
10.00pm - 1.00pm	Tennis Camp	6yrs+	Free	Turn up	Astley Park, Seaton Delaval
Wednesday 20th February					
2.00pm - 5.00pm	Multisport Camp	6yrs+	Free	Turn up	Seaton Sluice Community Centre
Thursday 21st February					
10.00pm - 1.00pm	Multisport Camp	6yrs+	Free	Turn up	Seghill Community Association
Friday 22nd February					
10.00pm - 1.00pm	Football Camp	6yrs+	Free	Turn Up	New Hartley Community Centre

For any queries regarding Seaton Valley activity please contact Jake Preece on 01670 622183 or jake.preece@northumberland.gov.uk

Ashington

Date / Time	Activity	Age	Cost	Booking	Venue
Monday 18th February					
9.00am - 9.30am	Learn to Swim	Non-swimmers	£31.00 *	Must Book	Ashington Leisure Centre
9.30am - 10.00am	Learn to Swim	5 Meters +	£31.00 *	Must Book	Ashington Leisure Centre
Tuesday 19th February					
9.00am - 9.30am	Learn to Swim	Non-swimmers	£31.00 *	Must Book	Ashington Leisure Centre
9.30am - 10.00am	Learn to Swim	5 Meters +	£31.00 *	Must Book	Ashington Leisure Centre
Wednesday 20th February					
9.00am - 9.30am	Learn to Swim	Non-swimmers	£31.00 *	Must Book	Ashington Leisure Centre
9.30am - 10.00am	Learn to Swim	5 Meters +	£31.00 *	Must Book	Ashington Leisure Centre
9.30am - 11.30am	Wacky Weekdays Juniors	5-7yrs	£4.00	Must Book	Ashington Leisure Centre
9.30am - 3.30pm	Wacky Weekdays	8yrs +	£10.00	Must Book	Ashington Leisure Centre
10.00am-10.30am	Parent and Toddler	3 months to 18 months	£3.50	Turn up	Ashington Leisure Centre
Thursday 21st February					
9.00am - 9.30am	Learn to Swim	Non-swimmers	£31.00 *	Must Book	Ashington Leisure Centre
9.30am - 10.00am	Learn to Swim	5 Meters +	£31.00 *	Must Book	Ashington Leisure Centre
9.30am - 11.30am	Wacky Weekdays Juniors	5-7yrs	£4.00	Must Book	Ashington Leisure Centre
9.30am - 3.30pm	Wacky Weekdays	8yrs+	£10.00	Must Book	Ashington Leisure Centre
Friday 22nd February					
9.00am - 9.30am	Learn to Swim	Non-swimmers	£31.00 *	Must Book	Ashington Leisure Centre
9.30am - 10.00am	Learn to Swim	5 Meters +	£31.00 *	Must Book	Ashington Leisure Centre

*5 day course.

To book on an activity please call our contact centre on 01670 620200

Check out our amazing **FREE** sports camps in **Seaton Valley** this half term!
Come and try **Football, Dodgeball, Cricket and more!**



See the 'Activity Descriptions' page for more info.

Newbiggin

Supported by



Date / Time	Activity	Age	Cost	Booking	Venue
Monday 18th February					
2.00pm - 3.00pm	Dodgeball	6yrs+	Free	Turn up	NSCC
3.00pm - 4.00pm	Cricket	6yrs+	Free	Turn up	NSCC
4.00pm - 5.00pm	Multi Sport	6yrs+	Free	Turn up	NSCC
Tuesday 19th February					
2.00pm - 3.00pm	Badminton	6yrs+	Free	Turn up	NSCC
3.00pm - 4.00pm	Dodgeball	6yrs+	Free	Turn up	NSCC
4.00pm - 5.00pm	Football	6yrs+	Free	Turn up	NSCC
Wednesday 20th February					
10.00 - 1.00pm	Cycling *	8yrs+	Free	Must Book	NSCC
Thursday 21st February					
2.00pm - 3.00pm	Badminton	6yrs+	Free	Turn up	NSCC
3.00pm - 4.00pm	Cricket	6yrs+	Free	Turn up	NSCC
4.00pm - 5.00pm	Football	6yrs+	Free	Turn up	NSCC
Friday 22nd February					
2.00pm - 3.00pm	Badminton	6yrs+	Free	Turn up	NSCC
3.00pm - 4.00pm	Archery	8yrs+	Free	Must Book	NSCC
4.00pm - 5.00pm	Archery	8yrs+	Free	Must Book	NSCC

*Please see the 'Activity Descriptions' page for more info regarding Cycling.

To book on an activity please call our contact centre on 01670 620200

For any queries regarding Newbiggin activity please contact Jake Preece on 01670 622183
or jake.preece@northumberland.gov.uk

Morpeth

Supported by



Date / Time	Activity	Age	Cost	Booking	Venue
Tuesday 13th February					
10.00am - 12.00nn	Paddlesports	8yrs+	£5.00	Must Book	Morpeth Riverside
1.00pm - 3.00pm	Paddlesports	8yrs+	£5.00	Must Book	Morpeth Riverside

To book on an activity please call our contact centre on 01670 620200

Date / Time	Activity	Age	Cost	Booking	Venue
Monday 18th February					
10.00am - 12.00nn	Bowling	8-19yrs	£12.00	Must Book	Blyth Sports Centre
1.00pm - 2.30pm	Multi Sports	8-19yrs	£4.00	Must Book	Blyth Sports Centre
2.30pm - 4.00pm	NUFC Football	8-19yrs	£4.00	Must Book	Blyth Sports Centre
10.00am - 4.00pm	Stay All Day	8-19yrs	£20.00	Must Book	Blyth Sports Centre
Tuesday 19th February					
10.00am - 12.00nn	Laser Battlefield	8-19yrs	£15.00	Must Book	Blyth Sports Centre
1.30pm - 3.00pm	Pool Inflatable Party	8-19yrs	£6.00	Must Book	Blyth Sports Centre
10.00am - 3.00pm	Stay All Day	8-19yrs	£20.00	Must Book	Blyth Sports Centre
Wednesday 20th February					
9.30am - 12.00nn	Horse Riding	8-19yrs	£15.00	Must Book	The Pegasus Centre
1.00pm - 3.00pm	Art Workshop	8-19yrs	£6.00	Must Book	Blyth Sports Centre
9.30am - 3.00pm	Stay All Day	8-19yrs	£20.00	Must Book	Blyth Sports Centre
Thursday 21st February					
1.00pm - 4.30pm	Ice Skating	8-19yrs	£15.00	Must Book	Blyth Sports Centre
Friday 22nd February					
9.30am - 12.00nn	Climbing	8-19yrs	£10.00	Must Book	Newburn Leisure Centre
1.00pm - 3.30pm	Inflate Space	8-19yrs	£10.00	Must Book	Inflate Space
9.30am - 3.30pm	Stay All Day	8-19yrs	£20.00	Must Book	Blyth Sports Centre

To book on an activity please call our contact centre on 01670 620200

ABILITY 2 PLAY

The Ability 2 Play programme is an inclusive leisure programme that is aimed at young people and adults with both learning and physical disabilities. We tailor our sessions to give everyone the chance to take part in a fun and safe environment. Ability 2 Play runs 11 weeks of holiday activities and 39 weeks of term time programmes.

If you have any queries regarding the Ability 2 Play programme or its activities please contact Ronnie Scheu on 07889320377 or email rscheu@activenorthumberland.org.uk.

To book on an activity please call the contact centre on (01670) 620200

Ability to Play Activity Descriptions



BOWLING

Come and see if you can get a Strike, Double Strike or even a Turkey. Whatever your ability bowling is a great way to have fun. If you would like to meet us at Concordia Leisure Centre directly we will be arriving at 10:30. (See our fantastic "Stay All Day" option).

HORSE RIDING

Join us at the amazing Pegasus Riding Centre and try your hand at horse riding. Not only will you learn how to ride the horses but will have the chance to groom them and learn what it takes to look after them. Participants must weigh less than 12st and be able to sit upright unsupported. The bus will leave Blyth Sports Centre at 9:30am. Any riders wishing to meet us direct at the Pegasus Centre for 10:00am. Please wear appropriate outdoor clothing, covered footwear and bring plenty to drink. (See our fantastic "Stay All Day" option).

ICE SKATING

Join us for a fun packed afternoon of skating, sliding and probably falling over at Whitley Bay Ice Rink. Transport is provided for those booked onto our "Stay All Day" option. Those making their way direct can meet us at the rink at 1.40pm. You must bring warm clothing (no jeans). A hat, scarf, gloves and 2 pairs of thick socks are recommended. Parents/carers are welcome to come along, join in or sit and watch free of charge. Parents wishing to attend must notify Ronnie Scheu of their intention to do so. Children must book onto the activity through Blyth Sports Centre. (See our fantastic "Stay All Day" option).

INDOOR ROCK CLIMBING

A chance to test your skills and be the new Spiderman. Whether this is your first time or you are a regular climber this session is for you. We will be climbing at the Newburn Activity Centre. The bus will leave Blyth Sports Centre at 9.30am for those who are on the Stay All Day. For those not booked onto Stay All Day please meet directly at Newburn Activity Centre for 10:00. Please wear appropriate clothing (no shorts or open toed shoes) bring plenty to drink and packed lunch if you are Staying All Day (see our fantastic "Stay All Day" option).

LASER BATTLEFIELD

This is a fantastic game similar to paintballing but without all the bruises. Come and shoot your friends in a multitude of team missions. All equipment is provided and this activity is suitable for a wide range of disabilities. If you wish to discuss its suitability in more detail please contact Ronnie Scheu. All you need to bring is appropriate clothing/footwear and plenty to drink. (See our fantastic "Stay All Day" option).

MULTI SPORT

Come along and try your hand at loads of fun games like basketball, cricket, dodgeball and loads. It doesn't matter what your ability level is as we tailor our sessions to include everyone. Just bring appropriate indoor clothing/footwear and plenty to drink. (See our fantastic "Stay All Day" option).

NUFC FOOTBALL CAMP

Ability 2 Play continues its partnership with the Newcastle United Foundation to offer you this fantastic chance to be coached by one of the Newcastle United coaches. Come and improve your skills and make new friends. For anyone interested in taking part regularly we run coaching sessions at Blyth Sports Centre every Monday 5-6 during term time, in partnership with the NUFC Foundation. Please bring appropriate clothing/footwear and plenty to drink. (See our fantastic "Stay All Day" option).

POOL INFLATABLE PARTY

We start in the sports hall with the bouncy castle, dino karts, dodgeballs and a whole host of other games before moving into the pool for an hour and a half with our inflatable assault course. Children under 8yrs and those who cannot confidently swim 25m must be accompanied in the water by a responsible adult.

INFLATE SPACE

A great chance to have fun at an indoor inflatable theme park. You can race your friend on the bouncy course, work your way through all the other activities that will be on offer. All you need to bring is appropriate clothing/footwear, plenty to drink, if you are Staying All Day you will need a packed lunch. (See our fantastic "Stay All Day" option).

STAY ALL DAY

Take advantage of this exclusive offer and leave your child with us ALL DAY. From as little as £20 you can drop your child off in the morning at the designated time and pick them back up once our afternoon session has finished. Most days we will even provide lunch. Please check activity descriptions for days when a packed lunch is required. Lunches we provide will be a buffet consisting of sausages, chicken nuggets, chips and a sandwich platter.

If your child has any special dietary requirements you must inform Ronnie Scheu of this no later than 48 hours prior to the day.

NB If your child requires 1 to 1 for care such as toileting, feeding, changing, administering medication, behavioural issues or is a flight risk then a parent/carer must be present to give this care.

Activity Descriptions

Archery

This is a chance to test your accuracy and tackle the art of archery and become the next Merida or Hawkeye! All equipment is provided so just bring yourself and a long sleeve top. *This activity requires a certain amount of upper body strength.



Arrows Archery

Join us in this introduction to the sport with smaller bows and safer equipment

Cricket

Come along and learn the fundamentals of cricket. Our coaches will introduce new and develop existing basic cricket skills. Each session will include cricket games



Cycling

This activity is suitable for anyone with cycling experience on mixed grounds i.e. road and tracks surface, although most of the riding will be on cycle paths and off traffic or minimal traffic

roads. This session will aim to develop further your existing skills. Bikes and helmets will be provided, you can bring your own roadworthy bike but you must bring spare inner tubes if you happen to have a puncture. Please wear appropriate warm clothing, suitable footwear water and snacks.

Diddy Camp

A fun session for younger children, activities include soft play, multisports, craft, cooking, runner bikes and much more.

Diddy Divas / Funky Divas

A fun and play dance session great for young children to take their first steps in Dance.

Dodgeball

Duck, dodge, dive and defend! It is exciting, entertaining and a great sport to play with friends.

Football

Sessions are structured to focus on small-sided matches so participants can spend more time playing a game they enjoy.



Football Camps

This 3 hour camp for kids aged 6+ will include various games, skills and activities all related to Football. Remember to bring appropriate clothing for outdoors

and a 'PACKED LUNCH AND WATER' for our short lunch time break.

Kids Club

A jam packed day 8:30 - 4:30 filled with fun activities such as Archery, Fun Fitness, Arts and Crafts, Pool Inflatable, Carlisle Park, Tennis dodgeball, badminton and many more!

Learn to Swim

This is an intensive course, which runs monday to Friday. Children will learn how to enter water safely, travel through the water, submerge, swimming skills and most of all have fun. It will give children the confidence to be in water.



Multi-Sport

Take part in a variety of sports including football, basketball, dodgeball and cricket. Test yourself in small sided games and competitions.

Multi-Sport Camp

This 3 hour camp for kids aged 6+ will include various games, skills and activities in loads of sports such as dodgeball, football, cricket and lots more. Remember to bring appropriate clothing and a 'PACKED LUNCH/SNACKS AND WATER' for our short break.

Paddle-Sport

Learn the basic skills for paddlesport (kayaking and/or canoeing) on the river or lake. Please wear warm, comfortable clothing and footwear you do not mind getting wet and remember to bring water to drink, a towel and spare clothes for after the session.

Parent and Toddler

This is for children under the age of 3, they will be accompanied by an adult. Children will explore in the water, learn how to blow bubbles, submerge, jump in, float and basic swimming skills. This is all done via play and nursery rhymes. All participants will have a lot fun.

Teen Gym / Junior Gym

Looking to improve your fitness levels? Come along and train in the gym. Gym Induction needed.

Tennis Camp

This 3 hour camp for kids aged 6+ will include various games, skills and activities all related to tennis. Remember to bring appropriate clothing for outdoors and a 'PACKED LUNCH AND WATER' for our short lunch time break.

Tot Shots Football

This session is a football skills session for the little one's aged 3-5. Offers a chance to build confidence, improve technique and become the next Ronaldo, Messi or Neymar!

Wacky Weekdays

Children under 8 will attend in the morning (9.30-11.30), and over 8 years of age will attend all day (9.30-3.30). There are various activities such as arts and crafts, sports games, wii, board games, lego and much more. In the afternoon the older children will enjoy a pool session. Children will be pool tested and will need to be able to swim 25 meters for the inflatable. Older children will need to bring a pack lunch or money for the cafe. Parents must sign in at reception before leaving children and sign out before taking children away.



Get Active South East Registration Form

Name of child: _____ DOB: _____ AGE: _____

Male [] Female []

Emergency contact Name _____ Tel _____

Email address _____

Address _____ Postcode _____

Does your child have any medical conditions/allergies? Or take any medication which we should know about? Yes () No ()

If yes, please specify _____

Do you consider your child to have a disability? Yes () No ()

If yes, please give details _____

I hereby give consent for my child to attend activities organised by Northumberland County Council / Active Northumberland. I will keep Northumberland County Council / Active Northumberland up to date with any changes to my child's details eg medical conditions etc.

I give my consent that in an emergency situation, Northumberland County Council / Active Northumberland may act in my place, (*in loco parentis*), if the need arises for the administration of emergency first aid and / or other medical treatment which in the opinion of a qualified medical practitioner may be necessary. I also understand that in such an occurrence all reasonable steps will be taken to contact me as the relevant parent / legal guardian.

I am aware that during activities photographs and videos may be taken for promotional use (including the internet) by Active Northumberland and agencies working in partnership.

Please tick here if you are happy for us to use photographs and videos in the capacity described []

In accordance with the General Data Protection Regulation 2018 the information you give us will be held on our database for the purpose of supplying you with information regarding future activities and for monitoring your attendance and evaluating the programme. If you wish to receive this information please tick this box []

Signed _____ Parent/Guardian/Carer Date _____